

Bike Park Tickets

Mountain Bike: Park City

Take Your Bike!

Mountain Bike! Orange County

Mountain Bike! Los Angeles County

Kissing the Trail

Mountain Bike! San Francisco and the Bay Area

East Bay Bike Trails

Best Bike Rides Seattle

Take Your Bike

Ray's

Moon Drive & Hike Pacific Crest Trail

Pedal Portland

Mountain Bike

Mountain Bike

Mountain Bike

Moon Bay Area Biking

Best Bike Rides Chicago

Mountain Bike

Best Bike Rides Minneapolis and St. Paul

Moon Northern California

Verona, Vicenza, Lake Garda & the Veneto

Venice and the Veneto

For the Love of Chimney Rock

Bay Area Mountain Bike Trails

Moon Northern California Road Trips

Ski

Cycling Britain's Cathedrals Volume 1

The Ride

Best Bicycle Park & Rail Trails in Ontario

Lonely Planet Yellowstone & Grand Teton National Parks

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What is the Bike Park Tickets?

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2020 Johnathon Allen "What happens when one man does whatever it takes to realize his dreams and change the world. Ray's is the official biography of Ray Petro, a one-of-a-kind American maverick who overcame severe drug and alcohol abuse to create the world's first indoor mountain bike parks in Cleveland and Milwaukee. A wild, fast-paced ride through a journey of extreme addiction, recovery, and mountain biking"--Back cover.

2020-03-17 Moon Travel Guides Whether you're day hiking or taking a weekend getaway, hit the road and hit the legendary trail in California, Oregon, and Washington with Moon Drive & Hike Pacific Crest Trail. Make your escape on shorter trips from nearby cities, hit all the national parks along the PCT, or drive the entire two-week route from California to Washington Find your hike along the Pacific Crest Trail with detailed trail descriptions, difficulty ratings, mileage, and tips for picking the right section of the trail for you Discover adventures on and off the trail: Watch the bubbling mud pots below Lassen Peak or admire Joshua trees in the sparse and peaceful Mojave Desert. Savor artisan, homemade-style pies of all kinds in Julian, sample craft beers in Bend, or gorge yourself at Timberline Lodge's gourmet brunch buffet. Cross the Columbia River on the historic Bridge of the Gods, climb into the massive granite peaks of the North Cascades, or catch a magical sunrise over the eastern edge of Oregon's Crater Lake Take it from avid hiker Caroline Hinchliff, who shares her insight on the best spots for wildlife-watching, glamping, or having a Wild moment Full-color photos, strategic itineraries, easy-to-use maps and site-to-site driving times Get the lowdown on when and where to get gas, how to avoid traffic, and braving different road and weather conditions, plus tips for LGBTQ travelers, seniors, and road-trippers with kids With Moon Drive & Hike Pacific Crest Trail's practical tips and local know-how, you're ready to lace up your hiking boots, pick a trailhead, and embark on your adventure. For more epic getaways, check out Moon Drive & Hike Appalachian Trail.

1993 Conrad J. Boisvert Explore the many off-road biking areas of the San Francisco Bay Area with this handy and complete guidebook. Despite its large population, the Bay Area offers a wealth of hidden trails for mountain bikers to experience, all within easy distance from major cities within the region. From Annadel State Park in Santa Rosa in the north to Henry Coe State Park in Gilroy in the south, from Wilder Ranch along the coast to Morgan Territory, buried remotely in the shadow of Mount Diablo, the Bay Area has innumerable places to ride. Ride on the spectacular ridges of Mt. Tamalpais, the birthplace of the mountain bike.

2013-05-21 Steve Johnson Hidden in and around Minneapolis and St. Paul are some great roads, trails, and bike paths that are fun to explore. Best Bike Rides Minneapolis and St. Paul describes 40 great recreational rides in the metro areas. With most rides between 5 and 30 miles—including road rides, rail trails, bike paths, and mountain bike rides—it's easy to find an interesting place to ride. Each route

includes complete directions, a map, a text description of the area you'll be riding, the GPS coordinates of the start/finish point, and color photos of one the ride's features. Also included is information on local restaurants, lodging, maps, bicycle shops, other facilities for cyclists, and community resources. Features: • Detailed maps and directions • Rides that explore the city as well as the surrounding area. • A variety of rides, from 5-mile trail rides to 60-mile destination rides and everything in between • In-depth information about each ride, including length, terrain, traffic conditions, and road hazards • Interesting facts about each area • Options to create longer or shorter rides

1993 John Zilly This mountain bike guide focuses on soft surface trails within one hour of Seattle. Discover routes on the nonmotorized side of Capitol Forest, on the Sammamish Plateau, and in Seattle. Find new trails in well-known mountain bike haunts like Skookum Flats, Tahuya State Forest and the Redmond Watershed. Includes photos, sections on bike repair and safety. 63 b&w photos. 42 maps.

2011-01-01 David Womack Mountain Bike! Orange County covers the gamut of mountain biking behind the Orange Curtain. From the majestic peaks of the Santa Ana Mountains to the rolling grasslands of Chino Hills State Park, there's something for everyone here. Rip extreme drops in Laguna Canyon, explore the vast reaches of the Cleveland National Forest, and race down suburban singletrack on the Fullerton Loop. Whether you are looking for an after work workout or a day long exhibition, this is the book for you. Orange County is not just concrete roadways and Disneyland. There's more E Ticket off-road adventures here than you can shake a spoke at. Mountain Bike! Orange County provides detailed descriptions for all the classic rides and a few undiscovered gems.

1998-05

1992 Conrad J. Boisvert The San Francisco East Bay Area offers recreational and competitive cyclists many choices of rides with wide varieties of scenery and terrain, ranging from the Carquinez Strait in the north to Fremont in the south and as far as Brentwood and Livermore in the east, and, west to San Francisco Bay. Carefully planned rides incorporate detailed route instructions, accurate maps and predictable elevation profiles, as well as interesting historical facts and special points of interest for each area. Ride along the spectacular Carquinez Scenic Drive. Explore the San Francisco Bay wetlands in Coyote Hills Regional Park. 7 Experience the extreme remoteness of Mines Road in Livermore or Morgan Territory Road on the eastern slope of Mount Diablo. Ride the undeveloped trails in the superbly managed East Bay Regional Parks. Challenge yourself on the hills in Mount Diablo State Park. Experience the eerie feeling of riding through the windmills of Altamont Pass in Livermore. Climb along the many roads through the scenic Berkeley Hills. East Bay Bike Trails outlines 27 separate rides and 6 additional ride variations, ranging in length from 9 to 52 miles. Included in these are 8 mountain bike rides in

East Bay Regional Parks and Mount Diablo State Park. Difficulty levels range from easy, flat rides over short distances, to long rides with climbs of 2,000 feet or more. Get out your bike, put on your helmet, and enjoy the many experiences awaiting you in the San Francisco East Bay

2005 Marissa Fabris Annotation An amazing resource to anyone traveling to the area. I highly recommend using this book as a reference tool. -- S. Johnson, Amazon reviewer. Italy's northernmost zone, the Veneto includes Padua, Verona, Vicenza, plus Venice itself, which once ruled the area. Some 5,000 Renaissance villas still stand, many by Palladio. A food- and wine-lover's paradise, it's also the most artistically rich region in Italy, and the most romantic, with the art of Giotto and Mantegna in Padua, the Roman ruins in Verona, the canals and palaces in Venice itself. Bellini, Tintoretto, Veronese and Titian worked here. Experience their art and be part of their world, with the insights of an insider. Every detail is here about the foods, the sights, the best places to stay and eat. The print edition is 400 pages.

2006 Rich Freeman 43 mapped trails to explore, ranging from easy rail-trails to rugged mountain biking trails. "Take Your Bike" offers fun, safe bike riding on trails, without the pollution or danger from cars. Trail surfaces vary from paved, to hard-packed stone dust, dirt, and mowed-grass. They also range from flat, easy terrain to rugged hills for mountain biking.- Ride the shores of several Finger Lakes.- Enjoy easy riding on canal towpaths and discover how canals shaped the history of this region.- Ride tree-shaded rail-trails where steam locomotives once hauled coal from Pennsylvania to ports on Lake Ontario.- Take a quick urban ride or head to pristine countryside.- Discover waterfalls, sculptures and historic relics.- Explore the remains of mills and factories from the 1800s. Ride the Finger Lakes Region with ease and confidence. Each trail is GPS mapped for accuracy. Directions and GPS coordinates are given for easily locating trailhead parking. With this guidebook you'll know the length of the ride, difficulty of the terrain, variety of uses allowed, type of trail surface, markings to look for, and even if your dog is welcome to ride with you for each of the 43 trails. This guide promises to reveal the undiscovered beauty and unique history of the Finger Lakes Region with many recently built trails. Take Your Bike and Go for a Ride Today!

2021-10 Bradley Mayhew Lonely Planet's Yellowstone & Grand Teton National Parks is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Paddle alpine lakes, watch wildlife, and ski at Big Sky; all with your trusted travel companion. Get to the heart of Yellowstone & Grand Teton and begin your journey now! Inside the Lonely Planet's Yellowstone & Grand Teton National Parks Travel Guide: Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak User-friendly highlights and itineraries help you tailor your trip to your personal needs and interests Insider tips to save time and money and get around like a

local, avoiding crowds and trouble spots
 Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices, emergency information, park seasonality, hiking trail junctions, viewpoints, landscapes, elevations, distances, difficulty levels, and durations Focused on the best ☐ hikes, drives, and cycling tours Honest reviews for all budgets - eating, sleeping, camping, sightseeing, going out, shopping, summer and winter activities, and hidden gems that most guidebooks miss Contextual insights give you a richer, more rewarding travel experience - history, geology, wildlife, and conservation Over 45 full-color trail and park maps and full-color images throughout Useful features - Travel with Children, Clothing and Equipment, and Day and Overnight Hikes Covers Yellowstone National Park area, Mammoth Country, Roosevelt Country, Canyon Country, Lake Country, Norris, Geyser Country, Bechler Region, Grand Teton National Park area, Jackson The Perfect Choice: Lonely Planet's Yellowstone & Grand Teton National Parks, our most comprehensive guide to these US national parks, is perfect for both exploring top sights and taking roads less traveled. Looking for more extensive coverage? Check out Lonely Planet's USA for a comprehensive look at all the country has to offer. Looking to visit more North American national parks? Check out USA's National Parks, a new full-color guide that covers all 59 of the USA's national parks. Just looking for inspiration? Check out Lonely Planet's National Parks of America, a beautifully illustrated introduction to each of the USA's 59 national parks. About Lonely Planet: Lonely Planet is a leading travel media company, providing both inspiring and trustworthy information for every kind of traveler since 1973. Over the past four decades, we've printed over 145 million guidebooks and phrasebooks for 120 languages, and grown a dedicated, passionate global community of travelers. You'll also find our content online, and in mobile apps, videos, 14 languages, armchair and lifestyle books, ebooks, and more, enabling you to explore every day. 'Lonely Planet guides are, quite simply, like no other.' ☐ New York Times 'Lonely Planet. It's on everyone's bookshelves; it's in every traveler's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' ☐ Fairfax Media (Australia)

2014-04-08 Todd Roll Pedal Portland celebrates the city's passion for pedaling in an accessible, fun, and family-friendly way. It features 25 easy rides that explore the most interesting parts of the city, from north to northwest to northeast, southwest to southeast, and the surrounding areas, like Beaverton and Vancouver. Each ride is accessible to anyone with a bike--including kids. The rides range from eight to twelve miles and many can be shortened by taking advantage of the city's bike-friendly public transportation. Each route features a scavenger hunt that highlights the quirky and interesting sites along the way and includes tips on where to eat, drink, and stop to appreciate the view.

2016-02-02 Elizabeth Linhart Veneman Covers the best that Northern California has to offer, from day hikes in awe-inspiring Yosemite Valley

to rest and relaxation at the spas and vineyards of Wine Country. To help travelers plan their trip, Veneman also offers a number of unique itinerary ideas, such as as Winter Wonderland, Culinary Culture, and Driving the Coast - a 10-day tour down Northern California's winding, scenic coastline. With expert advice on finding the tastiest food in the Bay Area, exploring the Big Sur coast, and getting to Gold Country ghost towns, and now with expanded coverage of the many outdoor recreation opportunities available in the region, Moon Northern California gives travellers the tools they need to create a more personal and memorable experience.

2014-05-27 Marisa Fabris An essential guidebook to the region. An amazing resource for anyone traveling in the area. I highly recommend using this book as a reference tool. -- S. Johnson, Amazon reviewer.Italy's northernmost zone, the Veneto includes Padua, Verona, Vicenza, plus Venice itself, which once ruled the area. Some 5,000 Renaissance villas still stand, many by Palladio. A food- and wine-lover's paradise, it's also the most artistically rich region in Italy, and the most romantic, with the art of Giotto and Mantegna in Padua, the Roman ruins in Verona, the canals and palaces in Venice itself. Bellini, Tintoretto, Veronese and Titian worked here. Experience their art and be part of their world, with the insights of an insider. Every detail is here about the foods, the sights, the best places to stay and eat. Vicenza is an essential stop on the itineraries of architecture lovers and Palladio's followers, but is unfortunately bypassed by many tourists traveling through the Veneto region who don't realize what it has to offer. This well-kept secret has made remarkable cultural and economical contributions to the region and merits a visit, if only for a few hours.Vicenza is an important Renaissance city with an impressive number of buildings dating back to the 1500s, many of them attributed to Andrea Palladio. It was during this period that Andrea di Pietro della Gondola came to Vicenza as a 16 year-old stone mason and through a combination of his own talent and a fine network of mentors, grew to be the great architect who dramatically transformed Vicenza's urban image. Palladio was commissioned to build palazzi for the city's wealthy residents, redesign several buildings which had been badly damaged by the League of Cambrai and to make the city better reflect the influence of the Republic of Venice. His finest works in the city include the Teatro Olimpico, the Basilica Palladiana and the Palazzo Chiericati. Italy's largest lake and one of its most visited vacation spots, Lake Garda is between the Alps and the Pianura Padana (Padana plains) with the Trentino region bordering it to the north, the Lombardy region to its west and the Veneto region to the east. As one of the most prosperous cities in northern Italy and the second-most visited in the Veneto, Verona's streets exhibit an interesting mélange of Roman, medieval, Renaissance and Venetian influences. And with unmistakably firm roots in classical tradition, the city that underwent significant urban development following World War II has a cosmopolitan identity that its high-fashion stores and impeccably dressed businessmen

reflect. At the crossroads of two important Roman roads, Verona served as a critical strategic and commercial center for many centuries. It began as a colony of the Roman Empire in the first century BC and was joined with the Empire in 49 BC. The arena, one of the world's best-preserved Roman amphitheaters, was built to accommodate upwards of 20,000 spectators and, along with the Roman theater and the city's gates, Verona maintains its Roman identity today. These useful guides are highly recommended... Library Journal. This signature Hunter series targets travelers eager to explore the destination. Extensively researched and offering the very latest information, Adventure Guides are written by knowledgeable, experienced authors. The focus is on outdoor activities - hiking, biking, rock climbing, horseback riding, downhill skiing, parasailing, scuba diving, backpacking, and waterskiing, among others - and these user-friendly books provide all the details you need, including prices. The best local outfitters are listed, along with contact numbers, addresses and recommendations. A comprehensive introductory section provides background on history, geography, climate, culture, when to go, transportation and planning. These very readable guides then take a region-by-region approach, plunging into the very heart of each area and the adventures offered, giving a full range of accommodations, shopping, restaurants for every budget, and festivals. All books have town and regional maps."

2018-05-02 Todd B. Morse For 105 years, four generations of the Morse family operated, promoted and served as stewards for the natural scenic attraction known as Chimney Rock. Researched, compiled and written by 4th generation manager, Todd Morse, this book provides a detailed, in-depth history of the family's multi-faceted relationship with the mountain until its sale to the State of North Carolina in 2007. Part history book, part business case study, part unique personal perspective and first-person narrative, this work offers a comprehensive exploration into the inner workings and challenges of a family business and the love each generation had for this incredible place. Though originally intended for family members and friends, this paperback will appeal to anyone who has enjoyed visiting Chimney Rock over the years and has curiosity about its human and business history. The book also shares a significant number of wonderful photos taken during these many years. As a fitting end, all the complexities related to the sale and its aftermath are revealed in significant detail, sharing insight into the difficult and emotional decision the family made to protect this North Carolina landmark and jewel for generations to come.

2021-04-13 Jared Hargrave Park City, Utah, is the world's first International Mountain Biking Association (IMBA) gold-level ride center. Already famous for its ski resort, the city features over 400 miles of singletrack. Its mountain-bike friendly infrastructure includes two lift-serviced, downhill mountain bike parks (Deer Valley and Park City Resort); a free, bike-friendly shuttle system; and numerous outdoor

shops that rent and sell gear. But it's the singletrack network around Park City that is the real attraction--epic ascents and descents, long traverses, technical sections, man-made features, steep climbs, gentle grades, flowing downhills, and stunning views. There's a ride here for every ability! Each route includes: Trail type, distance, elevation gain/loss, high point Estimated ride time, technical difficulty, aerobic intensity Route overview, detailed mileage log, options to shorten or extend when available Photo, map, trailhead GPS coordinates It's the perfect time for a detailed guidebook to Park City trails for mountain biking locals and tourists alike.

2020-01-13 Graham Rutt An entertaining read about the experiences of a group of friends as they cycled between all the cathedrals in Britain, their reflections on visiting those cathedrals, and a guide to how to survive such a trip.

2011-06-01 Ted Villaire Written for the cyclists of all stripes, Best Bikes Rides Near Chicago marks the debut of a new series that offers a diverse array of scenic tours in some of America's largest urban destinations—from easy excursions for the Sunday cyclist to challenging treks for the veteran. Here, veteran author and cyclist Ted Villaire presents 35 diverse rides in and around the Windy City. As amply demonstrated by this guide, Chicago's heritage as a transportation hub has reaped huge rewards for local cyclists. Twenty miles of lakeshore parkland and an elaborate system of leafy boulevards connect a series of mega-parks throughout the city. Coupled with this is an ever-expanding cycling infrastructure featuring more than 100 miles of bike lanes. The Illinois Prairie Path, which runs between the Des Plaines River and Wheaton, was one of the first linear trails in the nation converted from a railroad line—and today it is part of the most extensive collection of rail trails in the Midwest, perhaps the nation.

2003 Rich Freeman Over 300 miles of bicycle adventures. Fun and safe for the whole family. This guidebook is packed with maps and details for 42 bicycling trails in the Rochester, NY region. Learn where to park, how long you'll be riding, amenities to find along the way, and the type and difficulty of terrain to expect. The trails range from easy, paved bike paths to more rugged mountain biking trails. Learn local history and discover new places to ride even if you've been a life-long resident.

2012-04-24 Ann Marie Brown Strap on your helmet, fill up your water bottle, and head out to discover the best rides in the region with Moon Bay Area Biking. A Ride for Everyone: Pick the right route for your timeline and experience level, from family-friendly trails to more challenging overnight treks Best Ride Lists: Choose from strategic lists like Best Waterfront Rides, Best Rides for Wildlife-Viewing, Best Single-Track Rides, and more Essential Planning Details: Each route is rated for difficulty and marked with round-trip distance, elevation gain, and riding time Maps and Directions: Find easy-to-use maps, driving directions to each trailhead, and details on where to park Skip the Crowds: Enjoy a solitary

ride with Moon Bay Area Biking's many off-the-radar routes and best-kept local secrets Expert Advice: Seasoned cyclist and NorCal local Ann Marie Brown offers her experienced insight and honest opinions on each ride Tips and Tools: Advice on gear, first aid, and camping permits, plus background information on climate, landscape, and wildlife Whether you're a veteran or a first-time cyclist, Moon's comprehensive coverage and solid expertise will have you gearing up for your next ride. Exploring more of the Golden State's great outdoors? Try Moon California Camping or Moon California Hiking. Sticking to the Bay? Check out Moon 101 Great Hikes San Francisco Bay Area.

2010-12-01 Charles Patterson Mountain Bike! Los Angeles County is must-have literature for the cyclist who is eager to explore the wonderful terrain that housed the genesis of mountain biking in the late seventies. In this trail guide you'll find detailed maps of carefully planned routes, some popular and some unknown to many, as well as comprehensive descriptions of what hazards and delights you'll encounter along the way. Whether you're an adrenalin seeking downhill bomber, or a gram-counting cross country racer, the Wide Grin guide will be your bible. Los Angeles County has every conceivable type of mountain bike accessible terrain, from remote, loamy oak forest floor singletracks without a person in sight, to roller coaster, rock-garden filled chutes that will give you plenty of thrills. Several easier routes for novice riders are also included. Over the years, mountain biking has become a multi-faceted sport, encompassing several disciplines that all utilize the 26-inch knobby tire. The masochistic single-speeder, the cross country racer, the dirt-jumping purist, the downhill racer, the freerider, the epic rider and the weekend warrior will all find their needs catered to in this guide. Each route is rated on technical and aerobic difficulty, so no rider will get more than they bargained for. Additionally, GPS waypoints for the start of each route are given in both UTM and latitude/longitude coordinates, so you'll never find yourself lost. Los Angeles County has enough riding terrain to keep your riding experiences new, fresh, and challenging for a lifetime. Even veteran Angelinos will find themselves surprised at the number of great loops and shuttle-runs unbeknownst to them until now. After a broad tour of LA's mountain bike playgrounds, you'll surely cancel your plans to relocate to Vancouver's North Shore or to the city of Moab, Utah, because SoCal truly is the Mecca of mountain biking, and Los Angeles is right in the center of it.

2014-07-01 Gene Bisbee Best Bike Rides Seattle describes 41 of the greatest recreational rides in Seattle. Road rides, rail trails, bike paths, and single-track mountain bike rides all get included. Most rides are in the 5 to 30 mile range, allowing for great afternoon outings and family adventures.

2019-05-22 Dan Roitner The weekend is here, the sun is out...where to go? Plan your next bicycle adventure with this handy guide! • 2019 Edition (2021 update of maps & parking locations) • 65 Trail Reviews, 152 Full-colour

pages • Top 45 Park Paths + 20 Rail Trails • 66 New Trail Maps and Elevation Charts • Trail reviews list - Length, Elevation, Terrain, Skill, Traffic, Maps, Facilities, Highlights, Phone #, Websites, Similar Trails, Local Clubs, Access & Parking Locations Discover new cycling destinations in Southern Ontario, Canada. Included are city Park and rural forest paths, plus Rail Trails. Most routes are flat, easy terrain, for safe, car-free cycling that all ages can enjoy. After many years of riding and scouting trails, Dan Roitner has compiled extensive information, useful maps and photos for this guide. Start planning your next great ride today!

2010-10-05 William G. Gisel, Jr. Foreword by Mike Fraysse, Founder of America's Cycling Team (ACT) In my own experiences, I have found that there is nothing as rewarding as taking on a challenge and seeing your team through. Gisel's story is a fine example of how with enough hard work and commitment, no goal is insurmountable. The lessons we learn along the way are priceless.-Marv Levy, Coach, Buffalo Bills (1986-97) NFL Pro Football Hall of Fame (Class of 2001) This book inspired me through its description of a physical and emotional venture. As an athlete and competitor, I can appreciate the difficulties that he faced in his undertaking. As a son whose mother, like Bill's, was a patient at Roswell Park, I especially admire his dedication to supporting Roswell and the many families it helps in our community.-Baby Joe Mesi, Undefeated Heavyweight Not only bicycle enthusiasts, but anyone with an interest in journeys of self-discovery will enjoy Bill Gisel's engrossing narrative of preparing for and finally completing the ride of a lifetime—a six-day, 500-mile bike trip from Fairbanks to Anchorage, Alaska, to raise funds for AIDS vaccine research. By weaving together a series of captivating anecdotes full of colorful characters, bicycle mishaps, and both poignant and exhilarating moments, Gisel allows the reader to participate in the highs and lows of this unique experience. His description of discovering the world of bicycling will resonate with experienced riders and will tempt many other casual riders to haul their old bikes out of the garage. The Ride is also a refreshing story of commitment, friendship, and the desire of a few individuals to help make a difference in a war against a ravaging disease. For those plagued by the too much to do, too little time syndrome, it is also a reminder that, no matter how busy, we can all commit to an important cause. More Praise for The Ride: The Ride is a wonderful adventure book that tells an important story in a poignant and self-effacing way. Bill Gisel's narrative of his biking trip in Alaska made me feel that I was along for the ride and left me hoping he would take us out again soon for another adventure in humanity.-Robert E. Rich Jr., President, Rich Products Corporation When Bill Gisel agrees to a lifelong friend's challenge of a five-hundred-mile bike ride across Alaska to raise money for AIDS research, fear fills him. Though he's a savvy businessman at the head of a \$2 billion-a-year company, Gisel realizes he's a babe-in-the-woods when it comes to cycling and training for endurance sports. Told in a relaxed letter-to-a-friend style, Gisel's story unfolds to show how a bike ride can broaden

your world.-Alan Coté, Contributing Writer, Bicycling
 William G. Gisel Jr. (Buffalo, NY) is the Chief Operating Officer of Rich Products Corporation. Royalties from this book benefit cancer research at Roswell Park Cancer Institute

2008-05 Mountain Bike magazine has everything for the mountain bike enthusiast, from the best mountain bike and equipment reviews to a trail database with the recommended MTB trails.

2008-07 Mountain Bike magazine has everything for the mountain bike enthusiast, from the best mountain bike and equipment reviews to a trail database with the recommended MTB trails.

2012-01-15 Skye Kraft The San Francisco Bay Area is known for its natural diversity --; its forested areas, mountainous peaks, and coastal environments make for an array of outdoor experiences. Mountain bikers of all skill and intensity levels will find many exciting paths to take in this detailed and exhaustive guide.

2023-08-01 Stuart Thornton Explore iconic San Francisco, stroll along foggy coastal cliffs, or climb the peaks of the Sierra Nevada: Answer the call of the open road with Moon Northern California Road Trips. Pick Your Road Trip: Find flexible getaways throughout NorCal, like three-day routes through Wine Country, Lake Tahoe, Monterey and Big Sur, and more, or combine them for an epic 21-day driving tour Eat, Sleep, Stop and Explore: With lists of the best places for hikes, day trips, wine-tasting, and more, you can take on the steep streets of San Francisco, sample wine at its source in Sonoma, and pitch a tent in the pines of Yosemite. Spot whales in Bodega Bay, hike through towering redwoods or up to the peak of Mount Lassen, and raft down the Sacramento River Maps and Driving Tools: Easy-to-use maps keep you oriented on and off the highway, along with site-to-site mileage, driving times, detailed directions, and full-color photos throughout Local Expertise: Northern Californians Stuart Thornton and Kayla Anderson share their tips on where to stop and what to see How to Plan Your Trip: Know when and where to get gas and how to avoid traffic,

plus tips for driving in different road and weather conditions and suggestions for LGBTQ travelers, seniors, travelers of color, and road-trippers with kids Coverage of San Francisco, Wine Country, the Sonoma and Mendocino Coasts, the North Coast and Redwoods, Shasta and Lassen, Lake Tahoe, the Eastern Sierra, Yosemite National Park, Monterey and Big Sur, and Ashland, Oregon With flexible itineraries for weekend getaways and practical tips for driving the full loop, Moon Northern California Road Trips gets you ready to fill up the tank and hit the road. Looking to explore more of America on wheels? Try Moon Southern California Road Trips or The Open Road.

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